

- 2024 -

APRIL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cromwell High School

Start the day off right with a free school breakfast!

Breakfast is free to all students
Student Lunch \$3.10

Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.

A selection of a la carte items are also available for purchase daily.

Alternate Daily Lunch Options:
Assorted sandwiches- Ham, Turkey, Buffalo Chicken, Egg or Tuna salad

Garden Salad with protein choice.

Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.

1

Boneless Chicken Drummies
Mashed Potatoes
Dinner Roll
Steamed Corn
Fruit Choice

2

Toasted Cheese Sandwich
Tomato Soup
Goldfish Crackers
Garden Salad
Fruit Choice

3

Rotini w/ Meat Sauce
Salad
Garlic Knot
Steamed Broccoli
Fruit Choice

4

French Toast Sticks
W/ Syrup
Chicken Sausage
Vegetable Juice
Hash Brown Patties
Fruit Choice

5

Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

8



9

No School
Spring Break

10



11

No School
Spring Break

12



15

Orange chicken
Fried Rice
Egg Roll
Glazed Carrots
Fruit Choice

16

CHS Burger
(1000 island Dressing
American Cheese
and Sliced Pickles)
Steamed Corn
Potato Chips
Fruit Choice

17

Mac N Cheese
Crisp Romaine Salad
Steamed Green Beans
Dinner Roll
Fruit Choice

18

Hot Dog on WG Roll
Curly Fries
Baked Beans
Fruit Choice

19

Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

22

Chicken Tenders
Oven Potatoes
WG Roll
Steamed Corn
Fruit Choice

23

Stuffed Breadsticks
Marinara Sauce
Steamed Broccoli
Egg Noodles
Fruit Choice

24

Half Day

WG Mini Pancakes
Chicken Sausage
Veggie Juice
Hash Brown Patties
Fruit Choice

25

Nacho Plate
Meat and Cheese
Tortilla Chips
Salsa, Sour Cream
Black Bean and Corn Fiesta
Fruit Choice

26

Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

29

Chicken Patty on
WG Roll
Oven Potatoes
Glazed Carrots
Fruit Choice

30

Meatball or Philly
Cheese Steak on a
WG Roll
Onions & Peppers
Potato Chips
Fruit Choice